

Walk for Health 16th April 2012 – Stonor Park

This walk was based on the walk 'On The Beaten Track – Chiltern Ramblings Walk 2 – Stonor Park' by Carole Barfoot which can be found in the May 2011 edition of the Naphill & Walter's Ash Gazette.

On Monday 16th April Ron Collins led a Walk for Health. Having meet at the Village Hall 23 people and 2 dogs made their way, in shared cars, to Southend Common.

The weather was cold but very bright.



Rest time - Photo by Peter Davis



Part way up a very steep climb - Photo by Peter Davis

This was an excellent walk and can be strongly recommended. The views over Stoner Park were stunning. The view was enhanced with a herd of deer.

As with most of the walks we returned to Naphill and this time 16 of us went to the Black Lion for a well-earned rest, drink and food.

Many thanks to Ron for leading this walk.