

Walk for Health 18th May 2009

21 people came on the first 'Walk for Health' led by Ron Collins. It was to be a 1½ hour gentle walk starting and finishing from Naphill Village Hall. Despite the rain in previous days we were spared the rain on the walk but some of the paths were muddy.

We left at 10.30am and entered Naphill Common at the end of Downley Road, turned left and headed towards Downley Common. We made our way to Cookshall Farm and re-entered Naphill Common at Cuckoo Stile, along to Five Ways and back to the Village Hall via the Two Dells.

Everyone enjoyed themselves. The next walk is on Monday 8th June.



